



FIRST CONGREGATIONAL CHURCH, UCC  
200 Main Street, P.O. Box 1300 - Wellfleet, MA 02667-1300

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## LIVING THE RESURRECTION FAITH

*“If Christ has not been raised, then our preaching is in vain and your faith is in vain.”*  
(1 Corinthians 15:14)

Dear Friends:

What a glorious day for humanity when Christ broke the bonds of death, and by so doing, offered life to all! As I write these few lines in the last days of Lent 2022, I realize that Christians all over the world are preparing for the coming Easter season, to celebrate one of the most significant events of all time ~ the resurrection of our Lord Jesus Christ. To us Christians, the triumph of Christ over death is of utmost importance because our salvation depends on it. The Apostle Paul told us, “If Christ has not been raised, your faith is futile and you are still in your sins.” (1 Corinthians 15:17) And as such, the resurrection has crucial relevance for our spiritual formation every day.

Christianity is the religion of the resurrection, an event and an experience, which much more than being merely a signpost pointing the way toward eternal life, is the evidence of life’s recreation. It means that the saving power of God has been made available to everyone through faith in Jesus Christ, to transform human life in all its dimensions. Just as a tiny seed is used to help us think differently about great possibilities emerging from small beginnings, so also it is possible that we at the First Congregational Church of Wellfleet can make a big difference in our community ~ for we are the Resurrection people!

In this season of new life and resurrection, let us glorify the Christ, who rises in our lives each day. Let us celebrate that though each of us is different and responds uniquely to Christ, even our imperfect responses can bear witness of his life to the world. The great truth of Easter is Christ lives, and the great truth of today is he lives in each one of us.

You are specially invited to join the Ecumenical community at the Easter Sunrise Service on April 17, 2022 at 6:00 a.m. offered by WUMC at the Newcomb Hollow Beach in Wellfleet, and at our own celebratory service in our sanctuary at 10:00 a.m. with glorious music. We ask that you invite your friends and family to join us, as we rejoice and celebrate one of the most significant events of our faith.

I invite you to join us in worship on Sunday mornings at 10 a.m., to recapture that resurrection faith, for as the Apostle Paul has said, “If Christ has not been raised, then our preaching is in vain and your faith is in vain.” (1 Corinthians 15:14)

May the peace and grace of our Risen Savior Christ be upon you and your family this Easter Season, and may God enable you to participate in that resurrection power through new lives committed to the cause of Christ and his church!

*Pastor Sheila*



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### **From the Moderator....**

Throughout our church’s history, its role in town has intertwined with Wellfleet’s sense of self. The church has served Wellfleet in untold ways and offered a welcoming presence overlooking the town and harbor – even folks who didn’t go to the church were glad it was here.

Living up to that tradition, our 2022 church has much to offer – and the end of COVID restrictions makes this the right time to get into high gear.

Our church provides valuable facilities in the center of town:

- Fellowship Hall, with a professional-style kitchen, can hold 80+ for dinners, events, and meetings
- The Sanctuary’s exceptional acoustic quality makes it a prized performance venue on Cape Cod
- The large, level back lot (historically a baseball field) is used by Wellfleet Farmers Market and others
- Ample parking close to Wellfleet Town Center

Our church hosts community events and charities, supports the musical arts, provides food and meal services, offers a medical ministry, and even manages a scholarship fund.

Can we do more to strengthen our church’s connection to the community? Can we ‘open our doors’ a bit wider to make this historic church a place everyone feels comfortable entering? Together let’s engage Wellfleet, and the region, in new ways that make a difference in people’s lives -- and if some are moved to attend our church on Sunday mornings, all the better.

Peter Cook  
Moderator

## **Board of Missions and Outreach**

Board members are meeting monthly to begin to map out the Church's activities in the wider community throughout the year, to see where our monetary resources may have the most impact, and to envision ways to reach more people with our traditional programs and new ideas.

Reaching out to children and youth is a priority for our church, and the time seems right, now that COVID is interfering less with daily rhythms of life. We're asking for help from church members and friends in suggesting ways to connect with children of all ages. Our mission is to find out what children and families need and how we might be of help. The immediate goal is not to fill the first few pews of the front of the church with eager, well-behaved, church-acclimated kids. That may not be a reasonable intermediate- or long-term goal, either, although it is a lovely image, and one that we remember fondly from our past. Church members have already offered wonderful, creative suggestions. A very exciting theme that is emerging is to draw children in with participation in the arts. Among the ideas offered so far: a children's community chorus, dance lessons with a hired instructor, instrumental music lessons, children's drama program, using the gathering area for jam sessions/open mic nights for high school students. For families with young children, offering an evening program with movies/activities and a simple meal for the kids, allowing the parents to have a couple of hours to themselves. We welcome your ideas, and those of your children, grandchildren, friends, and neighbors. The Boards of Missions & Outreach and of Christian Education will be working together and we invite (and are counting on!) participation from all.

Living Water Acupuncture free clinic, an outreach ministry of our church, takes place every Tuesday from 3:00-6:00 in the gathering area. With a simple ear acupuncture protocol, we treat people in recovery from substance use disorder, those who are experiencing depression and anxiety, and those simply looking for help managing the stress of everyday life. Reflecting lower COVID activity in the community, we are now allowing masked and socially distanced people without fully vaccinated status to participate, and we have rapid COVID test kits available. It is an honor to serve members of our community in this simple and accessible way. Please consider volunteering to be a Clinic Assistant, which simply involves checking participants in, taking automated blood pressures, and getting them settled. Christine Cook has served as Clinic Assistant all winter, and now that we are back to weekly clinics, we could really use a few more friendly volunteers to share the load! Feel free to ask Christine Cook or Margaret Tilton any questions; there will be a sign-up sheet in the gathering area.

The Scholarship Fund of the Board of Missions & Outreach already has a balance of \$1300 from the very successful 2021 Annual Pie Sale, expertly run by Nancy Porteus. Scholarship applications are invited each year from graduating Nauset High School seniors who have participated in their church, with preference given to members of the First Congregational Church of Wellfleet. We can be proud as a church that we continued to award scholarships during the pandemic despite budget constraints. This year's Pie Sale fundraiser will be the

Saturday before Thanksgiving, 11/19/22. Stay tuned for details about the Annual Pie Sale and Christmas Crafts Fair, and for news of a summertime 'Attic Treasures Sale.'

Board Members: Charlotte Hands, Gerry Nolin, Sue Sloan, Margaret Tilton (Chair), George Vitek (consultant for Missions)

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**Living Water Acupuncture**  
**A Health Ministry of The First Congregational Church of Wellfleet**

We are welcoming a wide range of people of all ages from the local community, with referrals from Outer Cape Health Services, Helping our Women, and substance use recovery programs, as well as self-referrals from interested community members.

Participants are seeking acupuncture for various conditions, including substance use disorder, anxiety, depression, insomnia, chronic pain, and simply for help with managing the stress of everyday life. We often have as many as 12 participants per clinic and have availability to treat many more.

**Weekly clinics held in the gathering area Tuesdays 3:00-6:00 PM April through October**

Please contact me with any questions –

Margaret Tilton, MD

508-819-2260

[LivingWaterAcupuncture@Outlook.com](mailto:LivingWaterAcupuncture@Outlook.com)

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**Garden Team**

NOW is the time to help your Garden Team show fellow parishioners and the community how much we care about our surroundings! Size DOES NOT matter; contribute what you can! Many thanks to those who have already supported us; to those who are waiting, please don't forget us! Thank you.



**Dear Members & Friends of the First Congregational Church of Wellfleet,**

In light of recent events, the National Spring CROP Hunger Walk is now the CROP Hunger Walk for Ukraine. Walk on your treadmill, in your neighborhood, in a park with friends – you choose your location.

**Between now and April 22, walk 117 miles in solidarity with Ukrainian refugees seeking safety in Moldova.** Ask friends and family to donate in support of your effort. The funds you raise will provide help to Ukrainians seeking safety. #Walk4Ukraine.



**Why Moldova?** Walk sponsor, CWS, has ongoing refugee/migration programming in Eastern Europe and partners on the ground in Moldova. Moldova is one of the poorest countries in Eastern Europe and in the past weeks, more than 200,000 Ukrainians have crossed the border and need help.

**Why 117 miles?** Many Ukrainians arriving in Moldova are coming from the port city of Odessa. The distance from Odessa to Chisinau (Moldova's capital) is 117 miles. If that distance is more than you can make, why not set a goal of 30 miles – the distance from Odessa to the border?

**What will your donations provide?** Your donations can provide mental health and psychosocial support, food, shelter, livelihoods, water, sanitation, and cash assistance to Ukrainians fleeing conflict. If we raise more than we need for the Ukrainian response, funds will support other migrants and refugees in Eastern Europe. Funds raised will go to the CWS Ukraine Crisis Response Fund. Monies will provide assistance for mental and psychological support, food, shelter, livelihoods, water, sanitation and cash assistance.

Donations can be made at [www.crophungerwalk.org/usa](http://www.crophungerwalk.org/usa) and looking for our group Lower Cape Crop Hunger Walk or by submitting a check marked "crop walk" to the church office.

Thank you for your support.

George Vitek

## PRAYER LIST

Please contact the church office to add a name or update this list.

“If one member suffers, all suffer together...If one member is honored, all rejoice together.”(1 Cor. 12:26) May the presence of Jesus Christ be with those on our PRAYER LIST and with those who care for them. Pray for:

*Kevin Casselman*  
*Sueko Hall*  
*Gina O'Connor*  
*Todd Roy*  
*Jack Troxel*

*Jean Cooper*  
*Barbara Knapp*  
*Ruth Pearce*  
*Blakeley Schmidt-Andersen*  
*Dennis Ubriaco*

*Ruth Anne Dykeman*  
*Christy Milliken*  
*David Powers*  
*Carol Spencer*  
*Fred Vitek*

And for those who are chronically ill and confined to their homes, nursing homes and hospitals. **Please notify the Pastor or the church office when family or friends are hospitalized.**

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### ***Board of Deacons***

*Sunday, April 10, 2022 at 11:30a.m. in Fellowship Hall*

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### ***Board of Trustees***

*April 20, 2022 at 7:00p.m. in Fellowship Hall*

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***For members of the Bass section – practice is held***

*Saturday's at 4:00p.m.*

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### ***Choir Practice***

*Sunday's at 9:00a.m.*

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### ***Care Team Ministry***

*April 26, 2022 at 10:30a.m. in Fellowship Hall*

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### ***Board of Mission & Outreach***

*Thursday, April 28, 2022 at 4:30pm in Fellowship Hall – also Zoom.*

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## APRIL BIRTHDAY CELEBRATIONS !

4/7 Isabel Souza  
4/18 Karen Blewitt  
4/21 Jane Corbin  
4/22 Pearl Johnson & Susan Eenigenburg  
4/26 Barbara Kantor  
4/27 James Cook



## MAY BIRTHDAY CELEBRATIONS !

5/1 Cyndy Van Hook  
5/6 Bailey Smith  
5/12 Jean Morrow  
5/21 Peter Cook  
5/27 Ruth Anne Dykeman  
5/31 Jean Cooper  
5/31 Ben Porteus

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### Dear First Church Members and Friends,

A long-postponed maintenance ritual has come to visit us this year! Through no fault of our own (Covid is to blame, after all), many yearly chores have been delayed, and it's time to tackle them while they are still manageable.



Your Trustees and other folks have settled on a date and a list of chores that will help us avoid hiring professional service workers to do the things we can manage ourselves. Here goes:

The date:

Sunday, May 15<sup>th</sup>, beginning after the church service, about 11:30 am. If you attend the service, wear work clothes so you won't spoil your "Sunday best." Join the work at any time, if attending the service isn't in your plans. We need everyone's help!

Chores inside the Church:

- The storage area behind the balcony needs to be cleaned and organized.
- The silver Communion vessels and collection plates need to be polished (Suzanne Thomas has volunteered for this task.)
- The sanctuary baseboards, doors and door casings need to be cleaned.
- The closet in the corner of fellowship hall (where children's Sunday School supplies were kept) needs to be sorted, cleaned and culled, leaving only what items are still useful.
- The windows in Fellowship Hall need to be washed, inside and out.
- The cabinet drawer and door fronts in the kitchen need to be wiped down.

- The cabinets where table clothes and Coffee Hour supplies are stored (under the pass-through) need to be sorted; the overflow can be moved to the hutch in Fellowship Hall. (Dot Oberding has volunteered for this task)
- Replace burned out lights on the columns by the organ loft. (Rick Nolin has volunteered for this task.)

Chores outside the Church:

The Garden Team can manage the garden areas they usually tend around the Church.

- Prep and paint the picket fence on either side of the Church front.
- Rake and trim the flowerbeds at the Parsonage.

Please remember: Safety **MUST** be everyone's top priority. Look out for yourselves and for each other!

Any supplies you can bring will help us tremendously: buckets, cleaning sponges and rags, window cleaning supplies, even white paint and brushes (for the fence) will save cost and time! We can turn coffee hour into a potluck lunch of some kind. If anyone reading this proposal would like to focus on a particular task, let Nellie know. We will keep a list.

The Trustees thank you, the sanctuary and grounds thank you, and God thanks you!



## **THANK YOU...**

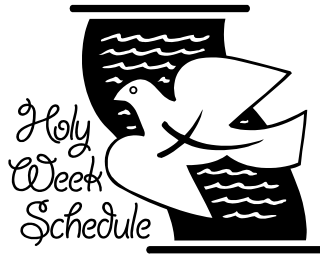
Our family would like to thank all who reached out after my husband, Fred Youngs passing. Each and every card and note meant so much to us. You all hold special and fond memories over the years at our church. Thank you again!

Sincerely,

Patty, Jeremy, Heather and family



2022



April 10 *Palm Sunday Service in Sanctuary* 10:00 a.m.  
Passion Narrative According to St. Luke



April 13 *Maundy Thursday Service Rehearsal* 5:00 p.m.  
For the Reading Participants

April 14 *Maundy Thursday Service of* 5:00 p.m.  
*Holy Communion & Tenebrae*



April 15 *Good Friday Service: Sanctuary is open for*  
*Prayer & Meditation from 9 to 12 noon.*



April 17 *Easter Sunrise Service offered by WUMC* 6:00 a.m.  
*At the Newcomb Hollow Beach*

April 17 *Easter Celebratory Service in* 10:00 a.m.  
*the Sanctuary*



**Subject: Exciting News! Stop & Shop**  
**BLOOMIN'4GOOD PROGRAM**  
*LET'S FIGHT HUNGER TOGETHER –*  
*ONE BOUQUET AT A TIME!*

Dear Members & Friends,

We are so excited to share that the First Congregational Church of Wellfleet has been selected to be a part of the Stop & Shop Bloomin' 4 Good Program, created to fight the hunger crisis across the communities we serve.

For the month of **May 2022**, each time a \$10.99 Bloomin' 4 Good Bouquet with a red circle sticker is purchased at the Stop & Shop located at **Cranberry Cove, Orleans, MA**, \$1 will be donated to **the First Congregational Church of Wellfleet**. This is a great way to raise awareness in the local community, fight hunger and raise donations for our organization.

Flowers can brighten a room, spread a smile or make someone's day. Supporters can buy two, three or more bouquets throughout the month. The more bouquets sold, the more donations raised and the more people in need we can feed!

Let's get started! We can begin by spreading the news to our friends and family. Call, send emails, and post on social media.

To learn more about this program, please visit [stopandshop.bloomin4good.com](http://stopandshop.bloomin4good.com).

Best regards,

Nellie DiPinto, Secretary  
First Congregational Church of Wellfleet, UCC  
P.O. Box 1300 - 200 Main Street  
Wellfleet, MA 02667  
508-349-6877  
[www.wellfleetchurch.org](http://www.wellfleetchurch.org)

February 18, 2022

Dear Friends,

This was an interesting year. We had Walks go virtual, some in person, others doing some of both. Whatever the look, your CROP Hunger Walkers stepped up to end hunger – in a big way!

Congratulations! I'm delighted to let you know that your Walk team is ranked in the top 100 fundraising Teams nationally for 2021! Enclosed is a certificate recognizing you as the CREAM of the CROP!

The donations your Walk raised are already at work. From helping rebuild after the earthquake in Haiti to providing support following hurricanes in the southern United States to making sure over 1600 local food banks and pantries have food on their shelves, your efforts are ending hunger for the most vulnerable in your community and our world. Thank you for being a leader in this movement towards a more hope-filled, secure world.

We appreciate your partnership. Thank you to you and your Team for your outstanding efforts!

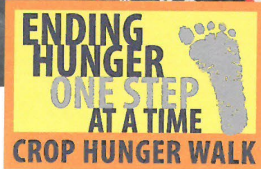
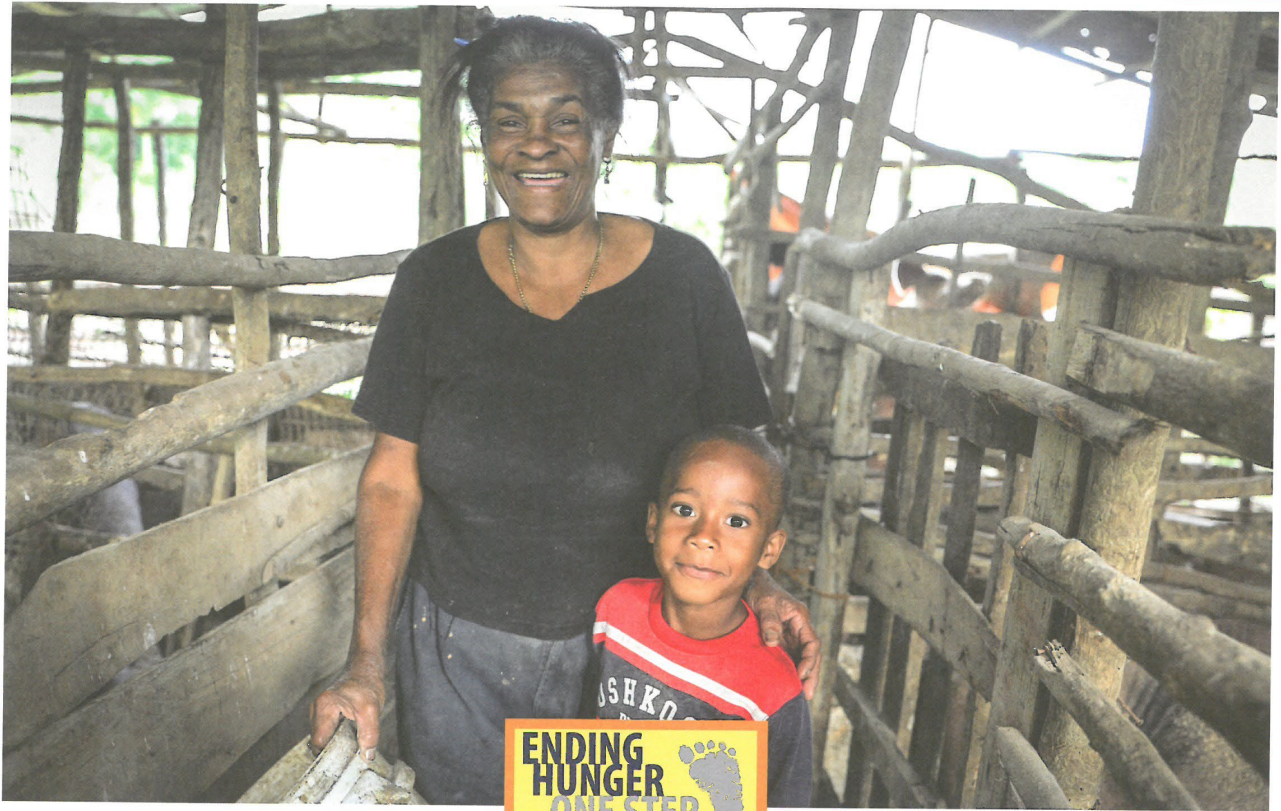
Sincerely,



Jon K. Skogen  
National Community Engagement Manager  
CWS/CROP

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NEW YORK • NAIROBI • BANGKOK • BELGRADE • BUENOS AIRES



An initiative of Church World Service • [crophungerwalk.org](http://crophungerwalk.org)

**Church World Service**

*Certificate of Appreciation*

to

**First Congregational Church**

**A national Cream of the CROP top fundraising team  
with the 2021 Lower Cape CROP Hunger Walk  
raising \$8,221.00 to end hunger and poverty around the world.**



Presented by

*Mary Catherine Hinds*

Senior Director of Fundraising Strategy

February 28, 2022